

LIFE CHURCH

2026 Increase Season

21 Days of Fasting & Prayer Guide

March 11 – April 1, 2026

“But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”

Matthew 6:33 (NKJV)

Welcome to Increase Season

Welcome to Increase Season 2026 at Life Church. This 21-day fast is a sacred time to seek the Lord wholeheartedly, align ourselves with His will, and position our lives for spiritual and practical increase. As we pray, fast, and study the Word together, we believe God will strengthen us, direct our steps, and enlarge our capacity for His glory.

This season is about putting God first — trusting Him as our Source, our Shepherd, and our Provider.

Fasting Guidelines

Duration	March 11 – April 1, 2026 (21 Days — No fasting on Sundays)
Fast Type	Water fast during the day
Daily Break	12:00 PM – 2:00 PM
Meal Guidance	One healthy meal during the break window

Corporate Prayer Schedule

Daily Online Prayer

5:45 AM — 15 Minutes (YouTube: @nylifechurch)

Wednesday In-Person Prayer

12:00 PM & 6:00 PM

Special In-Person Prayer Gathering

Friday, March 27, 2026 — 7:30 PM

Bible Reading Plan

Read **The Gospel of Mark AND The Acts of the Apostles**. Read **1 chapter of each book each day**.

Example

Day 1 — Mark 1 and Acts 1

Day 2 — Mark 2 and Acts 2

Day 3 — Mark 3 and Acts 3

Continue reading one chapter from each book daily throughout the fast.

Daily Prayer Focus

Early Morning Prayer — Seeking the Lord

Psalm 34:1–4, 8–10 • Matthew 6:31–33 • Matthew 7:7–11

Midday Prayer — Thanksgiving

Deuteronomy 8:18 • Mark 8:6–9 • 2 Corinthians 9:10–11 • Psalm 145:16

Evening Prayer — Led by God

Psalm 23:1–6 • Ephesians 2:10 • Psalm 37:23 • Psalm 66:8–9, 12 • Isaiah 48:17

Scriptures (New King James Version)

Psalm 34:1–4 (NKJV)

1 I will bless the Lord at all times; His praise shall continually be in my mouth.

2 My soul shall make its boast in the Lord; The humble shall hear of it and be glad.

3 Oh, magnify the Lord with me, And let us exalt His name together.

4 I sought the Lord, and He heard me, And delivered me from all my fears.

Psalm 34:8–10 (NKJV)

8 Oh, taste and see that the Lord is good; Blessed is the man who trusts in Him!

9 Oh, fear the Lord, you His saints! There is no want to those who fear Him.

10 The young lions lack and suffer hunger; But those who seek the Lord shall not lack any good thing.

Matthew 6:31–33 (NKJV)

31 “Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’

32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.

33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Matthew 7:7–11 (NKJV)

7 “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.

8 For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

9 Or what man is there among you who, if his son asks for bread, will give him a stone?

10 Or if he asks for a fish, will he give him a serpent?

11 If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!

Deuteronomy 8:18 (NKJV)

18 “And you shall remember the Lord your God, for it is He who gives you power to get wealth, that He may establish His covenant which He swore to your fathers, as it is this day.”

Mark 8:6–9 (NKJV)

6 So He commanded the multitude to sit down on the ground. And He took the seven loaves and gave thanks, broke them and gave them to His disciples to set before them; and they set them before the multitude.

7 They also had a few small fish; and having blessed them, He said to set them also before them.

8 So they ate and were filled, and they took up seven large baskets of leftover fragments.

9 Now those who had eaten were about four thousand. And He sent them away,

2 Corinthians 9:10–11 (NKJV)

10 Now may He who supplies seed to the sower, and bread for food, supply and multiply the seed you have sown and increase the fruits of your righteousness,

11 while you are enriched in everything for all liberality, which causes thanksgiving through us to God.

Psalms 145:16 (NKJV)

16 You open Your hand And satisfy the desire of every living thing.

Psalms 23:1–6 (NKJV)

1 The Lord is my shepherd; I shall not want.

2 He makes me to lie down in green pastures; He leads me beside the still waters.

3 He restores my soul; He leads me in the paths of righteousness For His name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.

6 Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord Forever.

Ephesians 2:10 (NKJV)

10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Psalms 37:23 (NKJV)

23 The steps of a good man are ordered by the Lord, And He delights in his way.

Psalms 66:8–9, 12 (NKJV)

8 Oh, bless our God, you peoples! And make the voice of His praise to be heard,

9 Who keeps our soul among the living, And does not allow our feet to be moved.

12 You have caused men to ride over our heads; We went through fire and through water; But You brought us out to rich fulfillment.

Isaiah 48:17 (NKJV)

17 Thus says the Lord, your Redeemer, The Holy One of Israel: "I am the Lord your God, Who teaches you to profit, Who leads you by the way you should go."