

LIFE CHURCH

2026 FALL FASTING CALENDAR

October 1–October 21, 2026

Theme: **FORCEFUL ADVANCEMENT**

“And from the days of John the Baptist until now the kingdom of heaven suffers violence, and the violent take it by force.”

— Matthew 11:12, NKJV

21 DAYS OF FORCEFUL ADVANCEMENT

INWARD — FORWARD — OUTWARD

For 21 days, Life Church will intentionally consecrate ourselves to God as we pursue **forceful advancement** in three areas:

INWARD: Advancing in our pursuit of God’s presence, holiness, worship, and personal consecration.

FORWARD: Advancing in our God-given work, calling, ministry, faithfulness, knowledge, and execution.

OUTWARD: Advancing as witnesses, disciples, mentors, leaders, and lights who help others grow in Christ.

DAILY FASTING SCHEDULE

MONDAY–SATURDAY

5:45–6:00 AM — MORNING PRAYER

Life Church YouTube Live

www.youtube.com/nylifechurch

11:45 AM–12:00 PM — AFTERNOON PRAYER

Life Church Phone Prayer Conference

Conference Call Number:

+1-719-470-2153 Pin:682 288 043#

12:00–2:00 PM — BREAK THE FAST

One healthy meal.

9:45 PM — EVENING PRAYER

Life Church Phone Prayer Conference

Conference Call Number:

+1-719-470-2153 Pin:682 288 043#

SUNDAYS

No fasting.

Use Sunday as a day of rest, worship, fellowship, and spiritual reflection.

FASTING GUIDELINES

- Drink plenty of water throughout the day.
 - Be mindful of dietary and medical advisories.
 - If you are pregnant or breastfeeding, have diabetes, take medications, have a medical condition, have a history of an eating disorder, or have another medical concern, consult the appropriate medical professional before participating.
 - Modify or discontinue the fast if medically necessary.
 - Parents and guardians should use discretion regarding children and teenagers.
 - If food fasting is medically inappropriate, an alternative form of consecration may be considered in consultation with appropriate spiritual and medical guidance.
 - The purpose of this fast is **consecration, not harm**.
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DAY 1 — THURSDAY, OCTOBER 1

A HEART THAT PURSUES GOD

MORNING — Advancing in Pursuit of God's Presence

Focus: A Heart That Pursues God

Scripture — Psalm 42:1–2, NKJV

“As the deer pants for the water brooks, So pants my soul for You, O God. My soul thirsts for God, for the living God. When shall I come and appear before God?”

Prayer Guide:

Father, create within us an intense desire for Your presence. Remove distractions, competing affections, and anything that causes us to become satisfied with anything less than You. Give us hearts that intentionally seek You, hunger for You, and pursue You every day.

Declaration:

I pursue God with my whole heart. My greatest desire is His presence.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Being a Doer

Scripture — James 1:22, NKJV

“But be doers of the word, and not hearers only, deceiving yourselves.”

Prayer Guide:

Lord, move us beyond simply hearing Your Word into obedient action. Give us courage to execute what You have assigned to us. Let our faith produce movement, obedience, and tangible fruit.

Declaration:

I am not merely a hearer. I am a doer of God's Word.

EVENING — Advancing in Affection for Others

Focus: Being a Light

Scripture — Matthew 5:16, NKJV

“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”

Prayer Guide:

Father, make our lives visible demonstrations of Your goodness. Let our words, actions,

character, and service point people toward Jesus. Make us willing to be used wherever You place us.

Declaration:

I am a light. My life points people to Jesus.

DAY 2 — FRIDAY, OCTOBER 2

CONSECRATED FOR GOD

MORNING — Advancing in Pursuit of God's Presence

Focus: Consecrated for God

Scripture — Romans 12:1, NKJV

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service."

Prayer Guide:

Lord, we present ourselves completely to You. Consecrate our thoughts, bodies, desires, schedules, relationships, and decisions. Teach us to live as people who belong entirely to You.

Declaration:

I am consecrated to God. My life belongs to Him.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Faithful With the Assignment

Scripture — 1 Corinthians 4:2, NKJV

"Moreover it is required in stewards that one be found faithful."

Prayer Guide:

Father, make us faithful with everything You have entrusted to us. Help us stop comparing assignments and start faithfully executing ours. Give us endurance to complete what You have placed in our hands.

Declaration:

I am faithful with what God has entrusted to me.

EVENING — Advancing in Affection for Others

Focus: Sharing the Gospel

Scripture — Mark 16:15, NKJV

“And He said to them, ‘Go into all the world and preach the gospel to every creature.’”

Prayer Guide:

Lord, give us boldness to share the Gospel. Remove fear, hesitation, and insecurity. Give us opportunities to tell others what Jesus has done and invite them into relationship with Him.

Declaration:

I am a witness for Jesus Christ, and I boldly share the Gospel.

DAY 3 — SATURDAY, OCTOBER 3

SETTING OUR AFFECTION ON GOD

MORNING — Advancing in Pursuit of God’s Presence

Focus: Setting Our Affection on God

Scripture — Colossians 3:2, NKJV

“Set your mind on things above, not on things on the earth.”

Prayer Guide:

Father, redirect our affection toward You. Teach us to value what You value and to desire what pleases You. Let our hearts become increasingly attached to Your presence and Your purposes.

Declaration:

My affection is set on God and the things of God.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Growing in Grace

Scripture — 2 Peter 3:18, NKJV

“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and forever. Amen.”

Prayer Guide:

Lord, cause us to grow spiritually and practically. Increase our wisdom, understanding, skill, discipline, and maturity so that we can execute our assignments with excellence.

Declaration:

I am growing in grace, wisdom, knowledge, and maturity.

EVENING — Advancing in Affection for Others

Focus: Making Disciples

Scripture — Matthew 28:19, NKJV

“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.”

Prayer Guide:

Father, make us disciple-makers. Give us people to pour into and the patience to walk with them. Help us teach, encourage, correct, model, and empower others to follow Jesus.

Declaration:

I am equipped and available to make disciples.

DAY 4 — SUNDAY, OCTOBER 4

NO FAST — REST & WORSHIP

Use this day to worship, fellowship, reflect on the first three days, and prepare your heart for the next week of consecration.

Reflection:

What has God revealed about my pursuit of Him, my assignment, and my influence on others?

DAY 5 — MONDAY, OCTOBER 5

WORSHIP AS A WAY OF LIFE

MORNING — Advancing in Pursuit of God's Presence

Focus: Worship as a Way of Life

Scripture — Romans 12:1, NKJV

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service."

Prayer Guide:

Lord, let worship become more than what we do in a service. Let our obedience, choices, attitudes, work, relationships, and everyday lives become offerings of worship to You.

Declaration:

My life is worship. Everything I do can glorify God.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Being Fruitful in Our Assignment

Scripture — John 15:5, NKJV

"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Prayer Guide:

Father, make us fruitful in every assignment You have given us. Keep us connected to Jesus so that our labor produces lasting spiritual fruit.

Declaration:

I am fruitful in the assignment God has given me.

EVENING — Advancing in Affection for Others

Focus: Pouring Into Others

Scripture — 2 Timothy 2:2, NKJV

"And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also."

Prayer Guide:

Lord, help us recognize people we are called to encourage, teach, mentor, and develop. Give us the generosity to pour into others without reservation.

Declaration:

I have something to pour into others, and I willingly give it.

DAY 6 — TUESDAY, OCTOBER 6

WALKING IN HOLINESS

MORNING — Advancing in Pursuit of God's Presence

Focus: Walking in Holiness

Scripture — 1 Peter 1:15–16, NKJV

“But as He who called you is holy, you also be holy in all your conduct, because it is written, ‘Be holy, for I am holy.’”

Prayer Guide:

Father, help us walk in holiness. Give us strength to resist compromise and wisdom to recognize what does not belong in our lives. Let our conduct reflect our relationship with You.

Declaration:

I walk in holiness and refuse to compromise my devotion to God.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Breaking Through Limitations

Scripture — Philippians 4:13, NKJV

“I can do all things through Christ who strengthens me.”

Prayer Guide:

Lord, reveal every limitation that has hindered our advancement. Give us courage to move beyond fear, procrastination, insecurity, and discouragement. Strengthen us to move forward in You.

Declaration:

Through Christ, I have strength to advance beyond limitations.

EVENING — Advancing in Affection for Others

Focus: Leading by Example

Scripture — 1 Timothy 4:12, NKJV

“Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity.”

Prayer Guide:

Father, make our lives examples worth following. Let our speech, conduct, love, faith, and purity demonstrate what it means to follow Christ.

Declaration:

My life is an example that points others toward Christ.

DAY 7 — WEDNESDAY, OCTOBER 7

HUNGERING FOR MORE OF GOD

MORNING — Advancing in Pursuit of God’s Presence

Focus: Hungering for More of God

Scripture — Matthew 5:6, NKJV

“Blessed are those who hunger and thirst for righteousness, For they shall be filled.”

Prayer Guide:

Lord, increase our spiritual hunger. Never allow us to become satisfied with yesterday’s encounter, yesterday’s revelation, or yesterday’s growth. Give us a fresh desire for You.

Declaration:

I hunger and thirst for God and His righteousness.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Finishing Strong

Scripture — Philippians 1:6, NKJV

“Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.”

Prayer Guide:

Father, give us endurance to finish what You have started in us. Remove the temptation to quit when progress becomes difficult. Give us grace to remain faithful until the assignment is complete.

Declaration:

I will finish what God has assigned to me.

EVENING — Advancing in Affection for Others

Focus: Pursuing, Overtaking & Recovering

Scripture — 1 Samuel 30:8, NKJV

“So David inquired of the LORD, saying, ‘Shall I pursue this troop? Shall I overtake them?’ And He answered him, ‘Pursue, for you shall surely overtake them and without fail recover all.’”

Prayer Guide:

Lord, give us courage to pursue what You have called us to recover. Restore lost momentum, lost opportunities, lost confidence, and anything consistent with Your purpose for our lives.

Declaration:

I will pursue, overtake, and recover what God has appointed for me.

DAY 8 — THURSDAY, OCTOBER 8**WEEK TWO — DEEPER****MORNING — Advancing in Pursuit of God’s Presence**

Focus: A Heart That Pursues God

Scripture — Jeremiah 29:13, NKJV

“And you will seek Me and find Me, when you search for Me with all your heart.”

Prayer Guide:

Lord, deepen our pursuit of You. Take us beyond casual devotion into wholehearted seeking.

Declaration:

I seek God with all my heart.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Being a Doer

Scripture — James 1:22, NKJV

“But be doers of the word, and not hearers only, deceiving yourselves.”

Prayer Guide:

Father, turn revelation into action and conviction into obedience.

Declaration:

I act on what God reveals to me.

EVENING — Advancing in Affection for Others

Focus: Being a Light

Scripture — Matthew 5:16, NKJV

“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”

Prayer Guide:

Lord, let our lives illuminate dark places and direct people toward Christ.

Declaration:

I shine for Jesus wherever He sends me.

DAY 9 — FRIDAY, OCTOBER 9

DEEPER CONSECRATION

MORNING — Advancing in Pursuit of God's Presence

Focus: Consecrated for God

Scripture — Romans 12:1, NKJV

“I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.”

Prayer Guide:

Father, deepen our surrender and remove anything that competes with our devotion to You.

Declaration:

I am fully surrendered to God.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Faithful With the Assignment

Scripture — 1 Corinthians 4:2, NKJV

"Moreover it is required in stewards that one be found faithful."

Prayer Guide:

Lord, help us faithfully steward our opportunities, responsibilities, gifts, and assignments.

Declaration:

I am faithful with every assignment God gives me.

EVENING — Advancing in Affection for Others

Focus: Sharing the Gospel

Scripture — Romans 1:16, NKJV

"For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek."

Prayer Guide:

Father, remove fear and give us boldness to share the good news of Jesus.

Declaration:

I am not ashamed of the Gospel of Jesus Christ.

DAY 10 — SATURDAY, OCTOBER 10**DEEPER AFFECTION**

MORNING — Advancing in Pursuit of God's Presence

Focus: Setting Our Affection on God

Scripture — Colossians 3:2, NKJV

“Set your mind on things above, not on things on the earth.”

Prayer Guide:

Lord, turn our attention away from temporary distractions and toward eternal things.

Declaration:

My heart is fixed on God and His kingdom.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Growing in Grace

Scripture — 2 Peter 3:18, NKJV

“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and forever. Amen.”

Prayer Guide:

Father, grow us in every area necessary to fulfill our calling effectively.

Declaration:

I am growing and advancing in grace.

EVENING — Advancing in Affection for Others

Focus: Making Disciples

Scripture — Matthew 28:19–20, NKJV

“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” Amen.

Prayer Guide:

Lord, make us intentional about helping others follow Jesus.

Declaration:

I am a disciple who makes disciples.

DAY 11 — SUNDAY, OCTOBER 11

NO FAST — REST & WORSHIP

Take time to worship, fellowship, rest, and reflect.

Reflection:

Where have I seen God advancing me during the first two weeks?

DAY 12 — MONDAY, OCTOBER 12

ADVANCING THROUGH WORSHIP

MORNING — Advancing in Pursuit of God's Presence

Focus: Worship as a Way of Life

Scripture — Psalm 34:1, NKJV

"I will bless the LORD at all times; His praise shall continually be in my mouth."

Prayer Guide:

Father, teach us to worship You regardless of circumstances.

Declaration:

My worship is not dependent upon my circumstances.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Being Fruitful in Our Assignment

Scripture — John 15:8, NKJV

"By this My Father is glorified, that you bear much fruit; so you will be My disciples."

Prayer Guide:

Lord, let our lives produce fruit that remains and brings glory to You.

Declaration:

My life produces fruit that glorifies God.

EVENING — Advancing in Affection for Others

Focus: Pouring Into Others

Scripture — Galatians 6:2, NKJV

“Bear one another’s burdens, and so fulfill the law of Christ.”

Prayer Guide:

Father, make us attentive to the needs of others and willing to help carry their burdens.

Declaration:

I am available to strengthen and encourage others.

DAY 13 — TUESDAY, OCTOBER 13

ADVANCING IN HOLINESS & COURAGE

MORNING — Advancing in Pursuit of God’s Presence

Focus: Walking in Holiness

Scripture — Hebrews 12:14, NKJV

“Pursue peace with all people, and holiness, without which no one will see the Lord.”

Prayer Guide:

Lord, help us pursue holiness intentionally and consistently.

Declaration:

I pursue holiness because I belong to God.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Breaking Through Limitations

Scripture — 2 Timothy 1:7, NKJV

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

Prayer Guide:

Father, replace fear with power, love, and a sound mind.

Declaration:

Fear will not stop my advancement.

EVENING — Advancing in Affection for Others

Focus: Leading by Example

Scripture — Titus 2:7, NKJV

“In all things showing yourself to be a pattern of good works; in doctrine showing integrity, reverence, incorruptibility.”

Prayer Guide:

Lord, let our lives demonstrate integrity and faithfulness to those watching us.

Declaration:

My example strengthens the faith of others.

DAY 14 — WEDNESDAY, OCTOBER 14

ADVANCING WITH ENDURANCE

MORNING — Advancing in Pursuit of God’s Presence

Focus: Hungering for More of God

Scripture — Psalm 63:1, NKJV

“O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a dry and thirsty land Where there is no water.”

Prayer Guide:

Father, create an even deeper hunger for Your presence.

Declaration:

My soul thirsts for the living God.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Finishing Strong

Scripture — Hebrews 12:1, NKJV

“Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us.”

Prayer Guide:

Lord, help us lay aside every weight and continue running our race with endurance.

Declaration:

I will not quit. I will finish strong.

EVENING — Advancing in Affection for Others

Focus: Pursuing, Overtaking & Recovering

Scripture — 1 Samuel 30:8, NKJV

“So David inquired of the LORD, saying, ‘Shall I pursue this troop? Shall I overtake them?’ And He answered him, ‘Pursue, for you shall surely overtake them and without fail recover all.’”

Prayer Guide:

Father, give us renewed courage to pursue everything You have called us to recover.

Declaration:

I am pursuing, overtaking, and recovering.

DAY 15 — THURSDAY, OCTOBER 15

WEEK THREE — ACTIVATION

MORNING — Advancing in Pursuit of God’s Presence

Focus: Pursuing God’s Presence

Scripture — Psalm 27:8, NKJV

“When You said, ‘Seek My face,’ My heart said to You, ‘Your face, LORD, I will seek.’”

Prayer Guide:

Lord, activate a fresh hunger in us to seek Your face. Let Your presence become our priority.

Declaration:

I seek the face of God, and I will not stop pursuing Him.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Moving From Preparation to Execution

Scripture — Ecclesiastes 9:10, NKJV

"Whatever your hand finds to do, do it with your might; for there is no work or device or knowledge or wisdom in the grave where you are going."

Prayer Guide:

Father, give us the discipline and courage to execute the work You have placed before us. Deliver us from procrastination and hesitation.

Declaration:

I execute what God has assigned to me with excellence.

EVENING — Advancing in Affection for Others

Focus: Activating Our Influence

Scripture — 2 Timothy 2:2, NKJV

"And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also."

Prayer Guide:

Lord, show us who You have placed around us to influence, disciple, encourage, and develop.

Declaration:

My influence will advance God's kingdom.

DAY 16 — FRIDAY, OCTOBER 16

ADVANCING WITH FAITH

MORNING — Advancing in Pursuit of God's Presence

Focus: Trusting God Completely

Scripture — Proverbs 3:5–6, NKJV

“Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.”

Prayer Guide:

Father, teach us to trust You even when we cannot see the entire path ahead.

Declaration:

I trust God with every step of my journey.

AFTERNOON — Advancing in Life’s Work, Calling & Ministry

Focus: Working by Faith

Scripture — Hebrews 11:6, NKJV

“But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.”

Prayer Guide:

Lord, let faith move us into action. Give us courage to do what You have instructed even before we see the outcome.

Declaration:

My faith produces action and advancement.

EVENING — Advancing in Affection for Others

Focus: Encouraging Others in Faith

Scripture — 1 Thessalonians 5:11, NKJV

“Therefore comfort each other and edify one another, just as you also are doing.”

Prayer Guide:

Father, use us to strengthen people who are discouraged, weary, or uncertain.

Declaration:

I strengthen others and build them up in faith.

DAY 17 — SATURDAY, OCTOBER 17

ADVANCING WITH PURPOSE

MORNING — Advancing in Pursuit of God's Presence

Focus: Living With Purpose

Scripture — Ephesians 2:10, NKJV

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Prayer Guide:

Lord, help us recognize that You have prepared good works for us to walk in. Give us clarity and courage to fulfill them.

Declaration:

I am created by God for purpose, and I will fulfill it.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Advancing God's Work

Scripture — 1 Corinthians 15:58, NKJV

“Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.”

Prayer Guide:

Father, make us steadfast, immovable, and always abounding in the work of the Lord.

Declaration:

My labor in the Lord is not in vain.

EVENING — Advancing in Affection for Others

Focus: Building Others

Scripture — Ephesians 4:12, NKJV

“For the equipping of the saints for the work of ministry, for the edifying of the body of Christ.”

Prayer Guide:

Lord, use us to equip others for ministry and help them discover and operate in their gifts.

Declaration:

I help equip others to fulfill their God-given purpose.

DAY 18 — SUNDAY, OCTOBER 18

NO FAST — REST & WORSHIP

Rest. Worship. Fellowship. Reflect.

Reflection:

What has God activated in me during these 18 days?

DAY 19 — MONDAY, OCTOBER 19

FORCEFUL ADVANCEMENT

MORNING — Advancing in Pursuit of God's Presence

Focus: Advancing in God's Presence

Scripture — Exodus 33:15, NKJV

"Then he said to Him, 'If Your Presence does not go with us, do not bring us up from here.'"

Prayer Guide:

Father, we refuse to move forward without Your presence. Let Your presence lead every decision, relationship, assignment, and step.

Declaration:

I will not advance without God's presence.

AFTERNOON — Advancing in Life's Work, Calling & Ministry

Focus: Advancing in Purpose

Scripture — Philippians 3:13–14, NKJV

"Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

DAY 19 — MONDAY, OCTOBER 19

FORCEFUL ADVANCEMENT

MORNING

Focus: Worship as a Way of Life

Scripture: John 4:23–24

But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. ²⁴ God *is* Spirit, and those who worship Him must worship in spirit and truth.”

Prayer Guide:

Lord, let worship become the posture of our lives. We surrender our plans, our future, our resources, and our abilities to You. Let everything we do bring You glory.

Declaration:

I am advancing as a true worshipper. My life is worship unto God.

AFTERNOON

Focus: Being Fruitful in Our Assignment

Scripture: John 15:5

Prayer Guide:

Father, cause our lives to produce lasting fruit. Give us clarity concerning our assignments and grace to execute them with excellence and faithfulness.

Declaration:

I am fruitful in my God-given assignment. I advance with divine wisdom.

EVENING

Focus: Pouring Into Others

Scripture: 2 Timothy 2:2

Prayer Guide:

Lord, show us who needs what You have placed inside of us. Make us available to encourage, teach, mentor, strengthen, and develop others.

Declaration:

I am advancing by helping others advance.

DAY 20 — TUESDAY, OCTOBER 20

BREAKING THROUGH

MORNING

Focus: Walking in Holiness**

Scripture: 1 Peter 1:15–16

Prayer Guide:

Father, preserve our consecration. Let the fruit of these 21 days remain evident in our lives long after the fast ends.

Declaration:

I am walking boldly in holiness.

AFTERNOON

Focus: Breaking Through Limitations**

Scripture: Philippians 4:13

Prayer Guide:

Lord, give us courage to walk through every door You have opened. Break the power of fear, insecurity, procrastination, and intimidation.

Declaration:

I am breaking through barriers and limitations. I advance by faith and not by fear.

EVENING

Focus: Leading by Example**

Scripture: 1 Timothy 4:12

Prayer Guide:

Father, make our lives examples worth following. Let our faith be visible, our character consistent, and our love unmistakable.

Declaration:

I am an example of the believer. My life demonstrates the character of Christ.

DAY 21 — WEDNESDAY, OCTOBER 21

THE FINAL DAY

PURSUE. OVERTAKE. RECOVER.

MORNING — 5:45 AM

Focus: Hungering for More of God

Scripture:

Matthew 5:6 — “Blessed are they which do hunger and thirst after righteousness: for they shall be filled.”

Prayer Guide:

Father, we finish this fast with greater hunger, not greater satisfaction with ourselves. We recognize that this was never merely about food; it was about drawing closer to You. Give us a hunger that continues beyond October 21. Let our pursuit of You become a lifestyle. May we never return to spiritual complacency.

Declaration:

I hunger and thirst for righteousness. I am advancing from strength to strength and from victory to victory in God.

AFTERNOON — 11:45 AM

Focus: Finishing Strong

Scripture:

Galatians 6:9 — “Let us not be weary in well doing: for in due season we shall reap, if we faint not.”

Prayer Guide:

Father, thank You for the grace to reach this point. Strengthen us to continue beyond this fast. Everything You revealed, instructed, corrected, and commissioned during these 21 days, give us grace to execute. We refuse to return to old patterns. We move forward in obedience, faith, discipline, and purpose.

Declaration:

I will not grow weary. I will finish what God has assigned to me. I am moving forward, and I will see the harvest.

EVENING — 9:45 PM**Focus: Pursuing, Overtaking & Recovering****Scripture:**

1 Samuel 30:8 — “Pursue: for thou shalt surely overtake, and without fail recover all.”

Prayer Guide:

Father, as we conclude this corporate fast, we declare that we are moving forward. We will pursue what You have called us to pursue. We will not surrender territory to fear, distraction, discouragement, sin, or complacency. Give us grace to recover what needs to be recovered, rebuild what needs to be rebuilt, and advance into what You have prepared. Use us to help others rise, recover, and advance as well.